



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Johne, Carsten

Club: Leipzig

Number: 196

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 56:05

Speed: 11.77 km/h

Running performance: 4:55 min/km

Rank in course/Total: 124 (of 237)

Rank in course/Men: 102 (of 171)

Best time in course: 38:01

Rank in category: 11(of 16)

Best time in the category: 45:34