



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Motschmann, Manuela

Club: Leipzig

Number: 251

Course: 11.40 km

10 km-Stadtranglistenlauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 56:33

Speed: 11.67 km/h

Running performance: 4:58 min/km

Rank in course/Total: 132 (of 237)

Rank in course/Women: 23 (of 66)

Best time in course: 43:36

Rank in category: 6(of 12)

Best time in the category: 43:44