



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Apitzsch, Thorsten

Club: Leipzig

Number: 182

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 57:52

Speed: 11.41 km/h

Running performance: 5:05 min/km

Rank in course/Total: 146 (of 237)

Rank in course/Men: 121 (of 171)

Best time in course: 38:01

Rank in category: 17(of 21)

Best time in the category: 42:08