



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

THAMM, Uwe

Club: CS Real Madrid

Number: 192

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:52

Speed: 11.21 km/h

Running performance: 5:10 min/km

Rank in course/Total: 154 (of 237)

Rank in course/Men: 127 (of 171)

Best time in course: 38:01

Rank in category: 19(of 21)

Best time in the category: 42:08