



## 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

### Detailed evaluation

**Nowak, Stefanie**

Club: Leipziger Triathlon

Number: 312

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Frauen

Total time: 59:02

Speed: 11.18 km/h

Running performance: 5:11 min/km

Rank in course/Total: 156 (of 237)

Rank in course/Women: 28 (of 66)

Best time in course: 43:36

Rank in category: 9(of 16)

Best time in the category: 43:36