



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Bensing, Anja

Club: Leipzig

Number: 233

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 59:17

Speed: 11.13 km/h

Running performance: 5:12 min/km

Rank in course/Total: 160 (of 237)

Rank in course/Women: 29 (of 66)

Best time in course: 43:36

Rank in category: 2(of 9)

Best time in the category: 54:26