



11. Leipziger Frühjahrslauf
Leipzig / 16.03.2013

Detailed evaluation

Ehret, Katja

Club: BSV AOK Leipzig e.V.
Number: 234

Course: 11.40 km
10 km-Stadtrangelistenlauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:00:17

Speed: 10.95 km/h
Running performance: 5:17 min/km

Rank in course/Total: 168 (of 237)

Rank in course/Women: 33 (of 66)

Best time in course: 43:36

Rank in category: 5(of 9)

Best time in the category: 54:26