



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Vogler, Jens-Uwe

Club: HVB Club Leipzig

Number: 193

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:04:19

Speed: 10.63 km/h

Running performance: 5:38 min/km

Rank in course/Total: 200 (of 237)

Rank in course/Men: 154 (of 171)

Best time in course: 38:01

Rank in category: 21(of 21)

Best time in the category: 42:08