



11. Leipziger Frühjahrslauf
Leipzig / 16.03.2013

Detailed evaluation

Woigk, Constanze

Club: SG Olympia 1896 e.V.
Number: 114

Course: 11.40 km
10 km-Stadtrangelistenlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:05:22

Speed: 10.46 km/h
Running performance: 5:44 min/km

Rank in course/Total: 206 (of 237)

Rank in course/Women: 47 (of 66)

Best time in course: 43:36

Rank in category: 8(of 11)

Best time in the category: 50:31