



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Naumann, Uwe

Club: Leipzig

Number: 201

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:28

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 207 (of 237)

Rank in course/Men: 160 (of 171)

Best time in course: 38:01

Rank in category: 10(of 10)

Best time in the category: 45:24