



## 11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

### Detailed evaluation

**Dr. Külow, Volker**

Club: Leipzig

Number: 194

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:07:13

Speed: 9.82 km/h

Running performance: 5:54 min/km

Rank in course/Total: 212 (of 237)

Rank in course/Men: 162 (of 171)

Best time in course: 38:01

Rank in category: 16(of 16)

Best time in the category: 45:34