



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Noack, Janet

Club: Bad Lauchstädt

Number: 236

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 1:08:51

Speed: 9.59 km/h

Running performance: 6:02 min/km

Rank in course/Total: 217 (of 237)

Rank in course/Women: 53 (of 66)

Best time in course: 43:36

Rank in category: 9(of 9)

Best time in the category: 54:26