



11. Leipziger Frühjahrslauf

Leipzig / 16.03.2013

Detailed evaluation

Thieme, Uwe

Club: VS Leipzig

Number: 304

Course: 11.40 km

10 km-Stadtrangelistenlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 46:07

Speed: 14.31 km/h

Running performance: 4:03 min/km

Rank in course/Total: 29 (of 237)

Rank in course/Men: 26 (of 171)

Best time in course: 38:01

Rank in category: 3(of 24)

Best time in the category: 40:51