



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Mölders, Silke

Club: Wesel  
Number: 5542

Course: 5.50 km  
Nordic Walking

Total time: 49:38

Speed: 6.04 km/h

metres in height up: 99  
Course score: 6.49

performance score: 46 Points