



8. Walk in Herne

Herne-Sodingen / 17.03.2013

Detailed evaluation

Spies, Detlef

Club: TBS-Herne

Number: 5560

Course: 5.50 km

Nordic Walking

Total time: 49:26

Speed: 6.07 km/h

metres in height up: 99

Course score: 6.49

performance score: 47 Points