



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Nachtigall, Heike

Club: Stadt Bochum Walking-Team

Number: 5563

Course: 5.50 km

Nordic Walking

Total time: 52:10

Speed: 5.75 km/h

metres in height up: 99

Course score: 6.49

performance score: 44 Points