



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Sperlich, Friedhelm

Club: Bickern
Number: 7004

Course: 7.50 km

Sportabzeichen Walking

Total time: 55:34

Speed: 7.56 km/h

metres in height up: 119
Course score: 8.79

performance score: 75 Points