



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Arnzen, Norbert

Club: Laufteam Gescher  
Number: 13002

Course: 13.50 km

Walking

Total time: 1:40:17

Speed: 7.78 km/h

metres in height up: 180

Course score: 15.70

performance score: 131 Points