



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Luhmann, Gerhard

Club: Post SV Unna  
Number: 5510

Course: 5.50 km  
Nordic Walking

Total time: 40:22

Speed: 7.43 km/h

metres in height up: 99  
Course score: 6.49

performance score: 57 Points