



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Müller, Alfons

Club: LT-Siebengebirge

Number: 13531

Course: 13.50 km

Nordic Walking

Total time: 1:38:21

Speed: 7.93 km/h

metres in height up: 180

Course score: 15.70

performance score: 133 Points