



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Lalk, Elke

Club: TuS Falke Berlebeck
Number: 13614

Course: 13.50 km
Nordic Walking

Total time: 1:50:18

Speed: 7.07 km/h

metres in height up: 180
Course score: 15.70

performance score: 119 Points