



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

von der Höh, Thorsten

Club: Knappschaft

Number: 13540

Course: 13.50 km

Nordic Walking

Total time: 1:41:37

Speed: 7.68 km/h

metres in height up: 180

Course score: 15.70

performance score: 129 Points