



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Pohlkamp, Bernhard

Club: Team NRW

Number: 13534

Course: 13.50 km

Nordic Walking

Total time: 1:43:45

Speed: 7.52 km/h

metres in height up: 180

Course score: 15.70

performance score: 127 Points