



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Dörband, Michael

Club: TBS-Herne  
Number: 13507

Course: 13.50 km  
Nordic Walking

Total time: 1:46:14

Speed: 7.34 km/h

metres in height up: 180  
Course score: 15.70

performance score: 123 Points