



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Knott, Karl-Heinz

Club: Ascheberg
Number: 13520

Course: 13.50 km
Nordic Walking

Total time: 1:47:39

Speed: 7.25 km/h

metres in height up: 180
Course score: 15.70

performance score: 122 Points