



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Glasmeyer, Margarete

Club: LSF-Unna-2000

Number: 13558

Course: 13.50 km

Nordic Walking

Total time: 1:49:03

Speed: 7.15 km/h

metres in height up: 180

Course score: 15.70

performance score: 120 Points