



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Rückriem, Sandra

Club: DJK Preußen 1911 Bochum e.V.
Number: 13074

Course: 13.50 km

Walking

Total time: 1:59:02

Speed: 6.55 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points