



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Fromme, Olaf

Club: Knappschaft

Number: 13509

Course: 13.50 km

Nordic Walking

Total time: 1:56:51

Speed: 6.68 km/h

metres in height up: 180

Course score: 15.70

performance score: 112 Points