



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Obst, Karl Heinz

Club: Minden
Number: 13610

Course: 13.50 km
Nordic Walking

Total time: 1:56:58

Speed: 6.67 km/h

metres in height up: 180
Course score: 15.70

performance score: 112 Points