



8. Walk in Herne

Herne-Sodingen / 17.03.2013

Detailed evaluation

Abdallah, Abdallah

Club: Herne

Number: 13619

Course: 13.50 km

Nordic Walking

Total time: 1:57:40

Speed: 6.63 km/h

metres in height up: 180

Course score: 15.70

performance score: 111 Points