



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Fromme, Heleni

Club: Knappschaft

Number: 13557

Course: 13.50 km

Nordic Walking

Total time: 1:59:20

Speed: 6.54 km/h

metres in height up: 180

Course score: 15.70

performance score: 110 Points