



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Carano, Iolanda

Club: Knappschaft

Number: 13547

Course: 13.50 km

Nordic Walking

Total time: 2:00:48

Speed: 6.46 km/h

metres in height up: 180

Course score: 15.70

performance score: 109 Points