



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen  
Number: 5021

Course: 5.50 km

Walking

Total time: 39:29

Speed: 7.60 km/h

metres in height up: 99

Course score: 6.49

performance score: 58 Points