



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Rehms-Westerfeld, Helga

Club: wt-soest  
Number: 13590

Course: 13.50 km  
Nordic Walking

Total time: 2:01:21

Speed: 6.43 km/h

metres in height up: 180  
Course score: 15.70

performance score: 108 Points