



8. Walk in Herne  
Herne-Sodingen / 17.03.2013

Detailed evaluation

Hansen-Röhe, Helmut

Club: Team NRW

Number: 20506

Course: 20.00 km

Nordic Walking

Total time: 2:24:35

Speed: 8.30 km/h

metres in height up: 300

Course score: 24.50

performance score: 203 Points