



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Kochskämper, Siegfried

Club: TV Beckum Wersewalker
Number: 20509

Course: 20.00 km
Nordic Walking

Total time: 2:28:16

Speed: 8.09 km/h

metres in height up: 300
Course score: 24.50

performance score: 198 Points