



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Sapsford, Donald

Club: BSG DSW21/DEW21
Number: 20007

Course: 20.00 km

Walking

Total time: 2:33:52

Speed: 7.80 km/h

metres in height up: 300
Course score: 24.50

performance score: 191 Points