



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Rüssmann, Alfred

Club: BSG DSW21/DEW21

Number: 20005

Course: 20.00 km

Walking

Total time: 2:47:29

Speed: 7.16 km/h

metres in height up: 300

Course score: 24.50

performance score: 175 Points