



8. Walk in Herne
Herne-Sodingen / 17.03.2013

Detailed evaluation

Harmeling, Ewald

Club: SuS Stadtlohn
Number: 20507

Course: 20.00 km
Nordic Walking

Total time: 3:11:57

Speed: 6.25 km/h

metres in height up: 300
Course score: 24.50

performance score: 153 Points