



8. Walk in Herne

Herne-Sodingen / 17.03.2013

Detailed evaluation

Emming, Ruth

Club: Laufteam Gescher

Number: 5528

Course: 5.50 km

Nordic Walking

Total time: 46:44

Speed: 6.42 km/h

metres in height up: 99

Course score: 6.49

performance score: 49 Points