



1. Arnstädter Frühlingsstaffel

Arnstadt / 29.05.2013

Detailed evaluation

Männer vom Alteburg-Lauftreff

Club: Männer vom Alteburg-Lauftreff

Number: 15

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:57

Speed: 10.93 km/h

Running performance: 5:29 min/km

Rank in course: 8 (of 16)

Best time in course: 25:33

Rank in category: 8(of 16)

Best time in the category: 25:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:19	5:15	12	1:35	12	1:35	1.20	6:19	5:15	10	1:27	10	1:27
Wechsel	1.20	7:10	5:58	9	2:05	9	2:05	2.40	13:29	5:37	10	2:16	10	2:16
Wechsel	1.20	7:26	6:11	11	2:04	11	2:04	3.60	20:55	5:48	10	4:20	10	4:20
Wechsel	1.20	5:43	4:45	4	0:46	4	0:46	4.80	26:38	5:32	10	3:24	10	3:24
Finish	1.20	6:19	5:15	12	1:33	12	1:33	6.00	32:57	5:29	8	7:24	8	7:24