



1. Arnstädter Frühlingsstaffel

Arnstadt / 29.05.2013

Detailed evaluation

Team Landratsamt IIm-Kreis

Club: Team Landratsamt IIm-Kreis

Number: 6

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 33:45

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course: 11 (of 16)

Best time in course: 25:33

Rank in category: 11(of 16)

Best time in the category: 25:33

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:14	4:21	4	0:30	4	0:30	1.20	5:14	4:21	11	0:22	11	0:22
Wechsel	1.20	7:42	6:25	13	2:37	13	2:37	2.40	12:56	5:23	11	1:43	11	1:43
Wechsel	1.20	7:18	6:04	10	1:56	10	1:56	3.60	20:14	5:37	11	3:39	11	3:39
Wechsel	1.20	6:30	5:25	8	1:33	8	1:33	4.80	26:44	5:34	11	3:30	11	3:30
Finish	1.20	7:01	5:50	13	2:15	13	2:15	6.00	33:45	5:37	11	8:12	11	8:12