



# 1. Arnstädter Frühlingsstaffel

Arnstadt / 29.05.2013

## Detailed evaluation

### RSV Adler Arnstadt

Club: RSV Adler Arnstadt

Number: 10

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 25:33

Speed: 14.09 km/h

Running performance: 4:16 min/km

Rank in course: 1 (of 16)

Best time in course: 25:33

Rank in category: 1(of 16)

Best time in the category: 25:33

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	4:52	4:03	2	0:08	2	0:08	1.20	4:52	4:03	1	-	1	-
Wechsel	1.20	5:05	4:14	1	-	1	-	2.40	9:57	4:08	2	-	2	-
Wechsel	1.20	5:53	4:54	3	0:31	3	0:31	3.60	15:50	4:23	2	-	2	-
Wechsel	1.20	4:57	4:07	1	-	1	-	4.80	20:47	4:19	2	-	2	-
Finish	1.20	4:46	3:58	1	-	1	-	6.00	25:33	4:15	1	-	1	-