



# 1. Arnstädter Frühlingsstaffel

Arnstadt / 29.05.2013

## Detailed evaluation

### Team SPORTident

Club: Team SPORTident

Number: 9

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:52

Speed: 12.47 km/h

Running performance: 4:49 min/km

Rank in course: 4 (of 16)

Best time in course: 25:33

Rank in category: 4(of 16)

Best time in the category: 25:33

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	4:44	3:56	1	-	1	-	1.20	4:44	3:56	3	-	3	-
Wechsel	1.20	5:41	4:44	3	0:36	3	0:36	2.40	10:25	4:20	3	-	3	-
Wechsel	1.20	6:07	5:05	7	0:45	7	0:45	3.60	16:32	4:35	3	-	3	-
Wechsel	1.20	6:42	5:35	10	1:45	10	1:45	4.80	23:14	4:50	1	-	1	-
Finish	1.20	5:38	4:41	8	0:52	8	0:52	6.00	28:52	4:48	4	3:19	4	3:19