



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

**Pohl, Wolfgang**

Club: SV Normania Treffurt  
Number: 753

Course: 5.50 km  
3. Lauf Kurzdistanz

Category:  
Senioren M60 (60-64 Jahre)

Total time: 25:29

Speed: 11.77 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 11 (of 33)

Rank in course/Men: 11 (of 27)

Best time in course: 21:27

Rank in category: 2(of 2)

Best time in the category: 22:05