



Winterlaufserie des ELV 2013
Creuzburg / 24.03.2013

Detailed evaluation

Heinrich, Matthias

Club: Bosch Eisenach
Number: 746

Course: 5.50 km
3. Lauf Kurzdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 26:23

Speed: 11.37 km/h
Running performance: 4:48 min/km

Rank in course/Total: 13 (of 33)

Rank in course/Men: 13 (of 27)

Best time in course: 21:27

Rank in category: 1(of 1)

Best time in the category: 26:23