



Winterlaufserie des ELV 2013

Creuzburg / 24.03.2013

Detailed evaluation

Dietsch, Mario

Club: Thüringer Laufmaschen

Number: 786

Course: 5.50 km

3. Lauf Kurzdistanz

Category:

Senioren M35 (35-39 Jahre)

Total time: 30:12

Speed: 9.93 km/h

Running performance: 5:29 min/km

Rank in course/Total: 21 (of 33)

Rank in course/Men: 19 (of 27)

Best time in course: 21:27

Rank in category: 2(of 2)

Best time in the category: 26:21