



## Winterlaufserie des ELV 2013

Creuzburg / 24.03.2013

### Detailed evaluation

**Weber, Rudi**

Club: Stedtfelder Rennsteigfreunde

Number: 748

Course: 5.50 km

3. Lauf Kurzdistanz

Category:

Senioren M70 (70-74 Jahre)

Total time: 31:03

Speed: 9.66 km/h

Running performance: 5:39 min/km

Rank in course/Total: 23 (of 33)

Rank in course/Men: 21 (of 27)

Best time in course: 21:27

Rank in category: 1(of 3)

Best time in the category: 31:03