



Winterlaufserie des ELV 2013  
Creuzburg / 24.03.2013

Detailed evaluation

Ruchti, Susanne

Club: Autohaus Göthling  
Number: 824

Course: 5.50 km  
3. Lauf Kurzdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 33:39

Speed: 8.92 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 30 (of 33)

Rank in course/Women: 5 (of 6)

Best time in course: 27:54

Rank in category: 2(of 3)

Best time in the category: 32:25