



## Winterlaufserie des ELV 2013

Creuzburg / 24.03.2013

### Detailed evaluation

**Zimmermann, Stefan**

Club: LG Ohra Energie

Number: 762

Course: 11.30 km

3. Lauf Langdistanz

Category:

Senioren M30 (30-34 Jahre)

Total time: 46:08

Speed: 14.31 km/h

Running performance: 4:05 min/km

Rank in course/Total: 11 (of 57)

Rank in course/Men: 10 (of 43)

Best time in course: 36:59

Rank in category: 3(of 4)

Best time in the category: 39:33